

## INTERNATIONAL ALLIANCE OF ALS/MND ASSOCIATIONS

## PALS Medical Summary

## Source:

The forms in this document were adapted from the Alaska Department of Health publication: Get Ready! Alaska's emergency preparedness toolkit for people with disabilities.

## Introduction:

We live in a world that requires us to be prepared for emergencies. Whether it's an earthquake, living in a conflict zone, natural disasters, power outages, or other unforeseen circumstances, these are difficult situations for people living with ALS/MND and their families.

Everyone's situation is different, and it is important to plan and be prepared, taking into account your own needs. This document has been prepared to help people living with ALS/MND and their caregivers be ready in the event of an emergency.

The recommendation is to complete, have printed versions available, and share them with your support network. Remember to review and update once or twice per year.

Package ownership information	
Name of person living with ALS/MND:	
Name of caregiver of the person living with ALS/MND:	
Health insurance information:	
Medical conditions:	
Instructions on how to communicate:	