



INTERNATIONAL ALLIANCE
OF ALS/MND ASSOCIATIONS
Medicine Chart

Source:

The forms in this document were adapted from the Alaska Department of Health publication: Get Ready! Alaska's emergency preparedness toolkit for people with disabilities.

Medicine Chart

In the morning, I take:

| Name: | Dosage: | This looks like | How I take it: |
|-------|---------|-----------------|----------------|
| | | | |
| | | | |
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| | | | |
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| | | | |

With lunch, I take:

| Name: | Dosage: | This looks like | How I take it: |
|-------|---------|-----------------|----------------|
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| | | | |

In the evening, I take:

| Name: | Dosage: | This looks like | How I take it: |
|-------|---------|-----------------|----------------|
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