



INTERNATIONAL ALLIANCE  
OF ALS/MND ASSOCIATIONS  
Medicine Chart

**Source:**

The forms in this document were adapted from the Alaska Department of Health publication: Get Ready! Alaska's emergency preparedness toolkit for people with disabilities.

Medicine Chart

In the morning, I take:

Name:	Dosage:	This looks like	How I take it:

With lunch, I take:

Name:	Dosage:	This looks like	How I take it:

In the evening, I take:

Name:	Dosage:	This looks like	How I take it:

